

Brisbane MIND – Referral Information

Brisbane MIND provider network

Brisbane North PHN delivers Brisbane MIND through a number of commissioned providers. Please click to view the [Brisbane MIND provider network](#).

Number of sessions and referral validity period

The Brisbane MIND program is designed to deliver short term therapy typically over a period of 6 months.

Clients who require long term therapy may be referred to Brisbane MIND, however referrals to other complementary services should be considered. Service providers will work with clients who require long term therapy and may recommend transition out of the Brisbane MIND program to other more suitable services.

Brisbane MIND Program	Available sessions	Referral validity period from date of referral
Suicide prevention	Up to 16 sessions	3 months
Trauma or Abuse	Up to 16 sessions	12 months
Brisbane MIND 4KiDS, Regional, CALD and LGBTIQ	Up to 12 sessions	12 Months

Referral caps, managing demand and client suitability

Funding for all Brisbane MIND programs is restricted each financial year and the focus is on clients with the highest need, who are vulnerable, disadvantaged and are experiencing barriers getting their psychological intervention met through Better Access - Medicare Benefits Schedule (MBS). As the eligibility criteria for the programs has increased, referral caps have been removed. Demand for the program will be closely monitored and managed by the PHN and providers to ensure sustainability across the financial year. Only clients that are eligible and appropriate for the Brisbane MIND program will be considered. Please refer to the Brisbane MIND eligibility criteria found [here](#).

Service providers will make an initial assessment of each client prior to commencing therapy. If the client is deemed ineligible or unsuitable for therapy you will be advised. Service providers and/or the My Mental Health Service Navigation team may work with you to find appropriate services for your client. This could include an on-referral to other Brisbane MIND or PHN funded mental health programs.

How to submit a referral

The My Mental Health Services eReferral is a single electronic referral form which can be used to refer into Brisbane MIND, Brisbane MIND4KiDS, Brief Therapies, Mental Health Hubs and other PHN commissioned mental Health programs. Referrals can be submitted electronically by GP's and other qualified health professionals. The My Mental Health Services eReferral can be accessed using the following methods:

For GP practices with Best Practice or Medical Director software

Information about installing the My Mental Health Service eReferral can be found [here](#) . Once GP Integrator is installed, instructions for submitting a referral can be found [here](#).

Please note this is the preferred/optimal referral method for the following reasons:

- Referral fields will auto-populate with some client and GP details from practice software.
- Copy of referral, status notifications and progress report* all delivered through HL7 secure messaging. (*treating practitioner may choose to send progress report through other methods)

For practices without Best Practice or Medical Director or other health professionals

The My Mental Health Service eReferral can be accessed via:

- [Healthpathways](#) HealthPathways provides Brisbane North clinicians with access to local referral and service information. Information on completing the eReferral using HealthPathways can be found [here](#).
- The My Mental Health Service eReferral [eLink](#).

Please note the following features when using the above eReferral methods:

- A de-identified email confirming acceptance of the referral will be sent to the referrer **only** if their email address has been completed in the referral information.
- No further status notifications will be received by referrer.
- Referral fields will not pre-populate.
- GPs will need to print/save a copy of referral PDF for their records at the confirmation screen of the eReferral.

General referral form information

The My Mental Health Services referral form has an embedded decision support tool, as part of the Initial Assessment and Referral (IAR) Project, to determine the best level of care for the patient. **Ultimately the practitioner will need to confirm the most appropriate level of care.** Brisbane MIND and Brisbane MIND4KiDS is Level 3- Psychological Therapies. Information about the IAR project, completing the eight domains and associated Levels of Care can be found [here](#). A new referral will need to be created if the patient requires more than one type of therapy.

When selecting a program or provider in the Select Service Provider screen, GPs will be offered the most suitable options based on the patient's location, demographic and clinical presentation.

GPs will need to click on the Save/Print icon to save the referral details if submitting an eReferral via any means other than the GP Integrator.

When selecting a program or provider in the Select Service Provider screen, GPs will be offered the most suitable options based on the patient's location, demographic and clinical presentation.

The Select Service Provider screen has the following features:

- Summary of client details entered.
- Column sort using column name.
- Column search using the ^v icon.
- Provider profile- Can be printed and given to client if required.
- Program profile. (when available)
- 'Show All'- Should the referral option not be available, it is likely that the client is unsuitable for that program based on details entered. Using the 'Show all' icon, all referral options will be made available. **If using the 'Show All' feature please ensure the referral is appropriate and meets program [eligibility criteria](#).**
- Confirmation of processed referral- once referral has been allocated to a program, you will see the final screen that confirms details such as: allocated program, referral details including system generated referral ID number.
- Print function- After sending referral, print (PDF) option will be made available. Use this function to save referral and referral conformation to the clients file. (Not required if using the GP Integrator)

Additional mental health services and referral support

There are a range of options other than the Brisbane MIND program that are suitable for people who might be going through difficult life events or experiencing depression or anxiety.

For the full range of mental health and alcohol and other drug services commissioned by the PHN please refer to the [services map](#) or [services magazine](#). For addition information and support please call the My Mental Health Service Navigation team on 1800 752 235